



LOVE

CHRIST IS BORN!
LOVE HAS COME TO THE WORLD!

Activity

For one week, make a conscious effort to notice and pay attention to the things you find beautiful or things that you are thankful for. It might be Christmas lights, a delicious cup of coffee, a lovely conversation you have with a friend, an incredible view, something nice a neighbor does for you, etc. Imagine that each of these is a romantic gesture from God - ways that God is tangibly pursuing you and showing you how much he loves you. Soak in the feeling and the moment, allow yourself to feel the love and joy. Write down some of the things you are thankful for!

At the end of the week, reflect with friends or family members about the experience. What were you thankful for or what did you find yourself enjoying? What did you notice about your attitude or perspective throughout the week? Write your answers below!

Next Steps

Share your Activity answers and discuss with one another.

Pray the prayer below.

*As you light the **third purple candle** of your Advent wreath, you can recite the Blessing below together!*

Prayer

Jesus, thank you for your radical love that knows no bounds. May your unfailing love consume us more and more each day, transforming our hearts so that we can love as you love.
Amen!

Blessing

May you have power, together with all the Lord's holy people, to grasp how wide and long and high and deep *is the love of Christ* and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God.

