



STUDY GUIDE

unnamed women *of the* Bible

BIBLE-BASED CONVERSATIONS WITH *SEE HEAR LOVE*

MELINDA ESTABROOKS, HELEN BURNS, SARAH HAN,
JENNY ANDISON, AND ANNE MIRANDA

SEE HEAR LOVE STUDY GUIDE: UNNAMED WOMEN OF THE BIBLE

There are many women in the Bible who are mentioned, yet remain nameless. Theologians estimate that perhaps 600+ women are mentioned without their names. Some are identified as connected to their families and described by their familial role, for example, Peter's Mother-in-law, Jarius' daughter, Lemuel's mother, they are mothers, wives, daughters, sisters etc. Others are described as their roles in society: prophetesses, slaves, widows, entrepreneurs, artisans, singers, And yet others were known by their ethnicity, or the city and region that they lived in.

In the following study we will focus on women and girls who remain nameless yet their story sheds light on the power that lies within the blood of Jesus and the word of their testimony (Revelation 12:11).

Join our Host Melinda Estabrooks and Bible Teachers Helen Burns, Anne Miranda, Dr. Sarah Han and Bishop Jenny Andison as they journey and give context to who these women were and how each one had an eternal impact on the gospel story. Make sure you watch their conversation on www.seehearlove.com/unnamedwomenstudy

Use this as a guide:

- To learn more about context and history.
- To dive deeper into the stories and lives of these women.
- To ask questions.
- To listen to the Holy Spirit.
- To listen to one another.
- To add to the prayers.
- To write down your personal thoughts and learnings.
- To challenge yourself on applications and next steps.

May these 'unnamed women' inspire you to follow Jesus and serve others with all of your heart, mind and soul. She may not have a name documented but she matters. Ergo, we share their stories.

Our hope is that each woman participating in this study will know that she is seen, heard and deeply loved by God and has so much to offer to the world and the next generation.

See Hear Love Team

SEE HEAR LOVE TEACHING PANEL:

Melinda Estabrooks

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Melinda Estabrooks is the Host and Executive Producer of the Women's Talk show, *See Hear Love* – now in its 10th Season! *See Hear Love* is a show and community that values belonging, storytelling, courage, authenticity, inclusion, and faith in Jesus. Melinda is also the author and curator of the book, *Always Know*, a collection of short stories from *See Hear Love* guests who share their personal experiences of faith, perseverance, and hope. For the past 25 years, Melinda has worked in broadcasting, journalism, PR and marketing, leadership facilitation, advocacy, fundraising and motivational speaking around the world. She loves being a wife to Chris, a stepmom to Nathan and Sophie, travelling, connecting amazing women together and laughing! Her favourite encouragement to women is, *'Today is not your forever!'*

Pastor Helen Burns

@helenburns



Helen is passionate about helping people build thriving relationships with God, in their marriages, families, friendships and church communities. In 1986, she and her husband John planted Relate Church in Surrey, BC and led this beautiful church family for 35 years. Today they are so grateful and blessed to continue to serve there as Founding and Teachings Pastors. Helen loves the opportunity to minister in her beloved Canada as well as all over the world. As a young girl, she dreamed of travelling and meeting people from the nations of the world but couldn't have dreamed that her longing would be fulfilled not by being a tourist, but by teaching God's word. John and Helen have celebrated 50 years of marriage, they have three incredible daughters and take the greatest joy in their eight awesome grandchildren.

Dr. Sarah Han



Dr. Sarah Han is an Assistant Professor of Pastoral Ministry and brings practical ministry experience as an ordained minister and theological expertise as an academic. Dr. Han considers herself to be "third culture" Canadian-Korean-Chinese and her formative theology was shaped on the mission field abroad. She has provided leadership in the Canadian immigrant church context for over a decade and has diverse experience in the Canadian public and private sectors. Dr. Han's vocational commitment and theological passion are to critically observe and reflect on how ecclesiology shapes and informs missiology and her research focuses on an intercultural, intergenerational, missional ecclesiology for Canada.

Bishop Jenny Andison

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A former Area Bishop for the Diocese of Toronto, Bishop Jenny is the Rector (Senior Pastor) of St. Paul's Bloor Street and St. George's Grange Park, leading a growing family of churches to share the good news of Jesus with Toronto. Bishop Jenny was born in England and has lived in Pakistan, India, Singapore and Japan. She earned an Hons. BA from Queen's University in 1994 and received her Master of Divinity from the University of Toronto (Wycliffe College) in 1997. In 2017, Wycliffe College honored the bishop with a Doctor of Divinity (honoris causa) and she also holds an Honorary Doctorate from Tyndale University. When not busy at the church, she enjoys reading biographies, meals with friends and family, and playing with her two miniature dachshunds – Xerxes and Woflie. She lives in Toronto with her lawyer husband Tim, with their eldest daughter living in New York and their two youngest daughters now at university.

Pastor Anne Miranda

@itsannemiranda



Anne's contagious passion for Jesus helps equip people to find their own passion. As a Bible teacher and author, she desires that people know and love Jesus deeply. She is currently the Pastor of Women and Young Families at Peace Portal Alliance Church in South Surrey, British Columbia. She is an ambassador for Ally Global, passionately promoting this organization that focuses on empowering women and children who have been rescued from sex trafficking. She is also a familiar face as a co-host on *See Hear Love* shows and in-person events.

For fun, you'll find Anne creating in the kitchen, exploring a new cafe or enjoying a theatrical musical. Or you might hear her crazy cheering alongside her husband Carlos for their kids Nathaniel and Hannah at their fun events; or laugh at either her attempt to train Lucy their goldendoodle or the stories of her Lebanese mother's hilarious perspective on life for Instagram.

WEEK 1

Our Stories, Your Stories, and God Stories

Teachers: Melinda Estabrooks and Panel

The teaching panel share their personal stories of choosing the way of Jesus, a moment where they truly encountered God, a scripture verse or Bible Story that has encouraged them in their journey and how their lives were changed forever when the natural collided with the supernatural.

In the following episodes, we will share and teach stories of women and girls, in Biblical scripture, who had bold encounters with God. Their stories declare the goodness of God and how He transforms lives and in doing so his marvelous works are revealed.

What is your story? What was your encounter with Jesus?

Share where you have seen God encounters, miracles, on the move in your past, present etc.

Where or how have you sensed God near?

WEEK 2

The Widow's Oil & Son (2 Kings 4)

Teacher: Helen Burns

CONTEXT:

What is the context of this passage? Why is it important?

CONNECT:

What stands out to you in these passages/in this story? A word, an action, a conversation? Why does it stand out to you? How is her story connecting with yours?

CURIOUS QUESTIONS:

What questions am I asking as I am learning? What can I learn from the widow of Zarephath that I can apply to my life?

PRAYER:

Heavenly Father,

We come before You with hearts full of gratitude for Your unfailing provision and care. Just as You provided for the widow of Zarephath during a time of great scarcity, we acknowledge that You are our provider—our source of life and sustenance in every season.

Lord, like the widow, we often find ourselves in places of deep need—whether physical, emotional, or spiritual. We face challenges that seem beyond our ability to handle, and yet we know that Your promise to care for us is sure. Just as You commanded the widow to trust in Your word, we pray that You would strengthen our faith in Your promises today.

Help us to trust You even when the resources seem scarce, when our hope feels like it is running out, and when we cannot see the way forward. We ask that You give us the courage to obey, even in difficult circumstances, knowing that Your provision is never limited and that Your timing is perfect. We thank You for the small miracles we often overlook and for the ways You meet our needs, even when we don't understand how it will happen.

Help us also to have hearts of generosity, even when we feel that we have little to give. Teach us to trust You fully, just as the widow trusted You with all she had. May we learn to give freely, knowing that You are the one who multiplies and blesses what we offer.

Thank You for Your faithfulness, for the ways You provide for us, and for the hope You give us, even in times of trial. We give You all the glory and praise, trusting in Your goodness and grace.

In Jesus' name, we pray.
Amen.

WEEK 3

The Servant Girl (2 Kings 5:1-16)

Teacher: Dr. Sarah Han

CONTEXT:

What is the context of this passage? Why is it important?

CONNECT:

What stands out to you in these passages/in this story? A word, an action, a conversation? Why does it stand out to you? How is her story connecting with yours?

CURIOS QUESTIONS:

What questions am I asking as I am learning? What can I learn from the servant girl that I can apply to my life?

PRAYER:

Lord Jesus,

We come before You today, in awe of Your power, Your compassion, and Your ability to bring life and healing where there is illness. You respond with grace, mercy, and the power to heal, we ask that You would hear our prayers today. You bring hope in the midst of despair. We believe You are the same yesterday, today, and forever, and that You can still work miracles in our lives.

Lord, help us to overcome our fears and place our trust completely in You, knowing that You have the power to transform any situation. Help us pray bold prayers.

May we live with the confidence that nothing is impossible with You, and that You can bring light to our darkest moments.

We ask all this in Your mighty name, Jesus, the Resurrected One, the Giver of Life.
Amen.

WEEK 4

Woman Caught in Adultery (John 8:1-11)

Teacher: Bishop Jenny Andison

CONTEXT:

What is the context of this passage? Why is it important?

CONNECT:

What stands out to you in these passages/in this story? A word, an action, a conversation? Why does it stand out to you? How is her story connecting with yours?

CURIOUS QUESTIONS:

What questions am I asking as I am learning? What can I learn from the woman caught in adultery that I can apply to my life?

PRAYER:

Gracious Lord Jesus,

We come before You today in humility, grateful for Your unmerited grace and mercy. We remember the powerful moment when You encountered the woman caught in adultery—when those who sought to condemn her were confronted by Your love and forgiveness. You did not condemn her, but instead offered her a new chance, a new life, and the freedom to walk in Your truth.

Lord, we acknowledge that like this woman, we too have fallen short of Your glory. We have sinned and missed the mark, and at times, we have been weighed down by shame, guilt, and the fear of judgment. But we thank You that Your grace is greater than our sin, and Your love is more powerful than any condemnation the world may try to place upon us.

Jesus, just as You told the woman, “Neither do I condemn you,” we hear Your words of forgiveness and release. We ask You to cleanse our hearts and minds of all guilt and shame. Help us to embrace the truth of Your forgiveness and to walk in the freedom that You offer. Thank You for not turning us away when we come to You in our brokenness. You see beyond our failures and offer us the opportunity for restoration, a chance to begin again.

Thank You, Lord, for being our Advocate, our Savior, and the One who loves us no matter what. We rest in the truth that we are forgiven, that we are loved, and that we are called to walk in Your light.

In Your precious and forgiving name, we pray.
Amen.

WEEK 5

**The Syrophenician/Canaanite Woman
(Mark 7:24-30 & Matthew 15:21-28)**

Teacher: Anne Miranda

CONTEXT:

What is the context of this passage? Why is it important?

CONNECT:

What stands out to you in these passages/in this story? A word, an action, a conversation? Why does it stand out to you? How is her story connecting with yours?

CURIOS QUESTIONS:

What questions am I asking as I am learning? What can I learn from the Syrophenician Woman that I can apply to my life?

PRAYER:

Lord Jesus,

We come before You today with hearts full of gratitude for Your boundless grace and mercy. We are reminded of the faith of the Syrophenician woman who, in her desperation, sought You out, believing that even the crumbs from Your table would be enough to heal her daughter. She humbled herself before You, trusting in Your goodness and power, and You did not turn her away. You honored her faith, and You healed her daughter.

Lord, like this woman, we bring our petitions before You, knowing that You are the source of all healing, restoration, and grace. We come humbly, acknowledging that we do not deserve Your favor, but trusting that Your love is greater than our unworthiness. You are the God who answers prayers, even those that seem impossible, and we ask that You would hear our cries and respond in Your mercy.

Jesus, You saw the woman's faith, even when others may have overlooked or dismissed her. We ask that You would see the faith in our hearts, even when it feels small or weak. Teach us to persist in prayer, to keep seeking, knocking, and asking, knowing that You hear us and that You will respond. Help us not to be discouraged when we do not immediately see the answer, but to trust that You are working in ways we may not fully understand.

Like the woman, we bring before You the deep needs of our lives—the struggles, the fears, the burdens we carry for ourselves and for others. We pray for those who are in need of healing, for families torn apart by illness, and for those who feel they are on the outside looking in, believing they are unworthy of Your grace. Lord, show them Your mercy, just as You showed mercy to the woman who came to You in faith.

Lord, we also ask for the humility to recognize our place at Your table. We thank You that Your love is not limited by our status, race, or past, but that You offer grace to all who come to You in faith. Help us to have hearts of compassion, welcoming others as You have welcomed us, and never thinking ourselves too worthy to receive Your mercy.

Thank You for Your unwavering faithfulness, for the way You see beyond our limitations and meet us where we are. Help us to be persistent in our faith, trusting that even the smallest step toward You is met with Your great love and abundant grace.

We pray all this in Your precious name, Jesus, our Savior, and Healer.
Amen.

SEE HEAR LOVE

with Melinda Estabrooks

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